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**Participant Information Sheet**

**Project title: FoodStargram**

**Invitation paragraph**

*I would like to request you to be involved in my project as a participant. I certainly explain the purpose and goals of the project in detail. However, you do not need to continue being involved in the experiment if you experience any discomfort or physical issues that may arise. Feel free to ask me about the project if you have any further questions.*

**What is the purpose of the project?**

The main purpose of the project is to evaluate FoodStargram application which I built it as part of dissertation for a BA computer science degree. FoodStargram allows people to have direct feedback from personal trainers who specialize in the health and fitness industry. For this reason, I invited my friend who is currently working as a personal trainer in South Korea to provide feedback during the experiment. You will be participating in the project alongside him.

**Why have I been invited to participate?**

The main reason why you are invited to the experiment is that you are certainly interested in being healthy and attending to the gym regularly. Also, you want to be able to receive feedback based on consumption of your daily meal.

**Do I have to take part?**

Only under the circumstance that you agree to participate in the project. Once you agree to be involved in the project, I will walk you through all the information you should be aware of. Moreover, you are required to fill up a consent form due to the fact that the form demonstrates that you completely agree with the project. Also, you are required to measure your body composition at the beginning and at the end of the project totally twice. But your body composition data will be stored in private. Only sharing with the personal trainer and you. Should you do not wish to continue to participate in the project, your data will be withdrawn immediately.

**What will happen to me if I take part and what will I have to do?**

You will be firstly asked to come to one of the Queens building meeting rooms as a participant. Once you are in the meeting room, you will be asked to take a measurement of your body composition. It will take only less than one minute to be measured. If you belong to A group, I also need to set up FoodStargram application on your device. Therefore, I need you to sign in with your Apple account on my MacBook. As your Apple account are only accessible by you, I guarantee that you do not need to worry about any security issues. If you are not comfortable signing your Apple account, you can not be in A group. In this case, you are asked to be B group. If you are in A group, I will ask you to upload your meals as an image file through FoodStargram. Again, all the data such as Image files and your body composition data are only shared with you and the personal trainer.

**What are the possible disadvantages and risks involved in taking part in the project?**

As this project is involved in dealing with intake food, you do need to inform the personal trainer about your food allergies or intolerances you may have in advance. If you have feedback from the personal trainer, but you are allergic to any food he suggests then you may stop following the feedback.

**What are the possible benefits of taking part?**

You will have a chance to have feedback from the expert personal trainer for free as well as allowing you to approach to your goal such as increasing the muscle weight or reducing the weight.

**Will my participation in this project be kept confidential?**

Your data will be stored in Firebase store. The data will be collected by you when you register Foodstargram application. It only requires you to sign with your name and id as an email address. Moreover, as my Firebase store is currently running in a test mode, the data can not be shared or published. After 30th of May, the Firebase storage will be withdrawn. This means, all the data in Firebase will be deleted.

**What will happen to the results of the research project?**

Your data will be utilised to evaluate FoodStargram application. Your data will demonstrate the result of my project in my dissertation. However, in the paper, your data especially your name will be displayed as a user.

**Who is organising and funding the research?**

The project is organised and funded by University of Bristol.

**Who has reviewed the study?**

This project is reviewed by Paul Marshall in Department of computer science.

**Further information and contact details**

If you wish to discuss regarding the project feel free to contact me. Junyoung Kim (email: [sf20697@bristol.ac.uk](mailto:sf20697@bristol.ac.uk))

If participants have any concerns related to their participation in this study please direct them to the Faculty of Engineering Research Ethics Committee, via Liam McKervey, Research Governance and Ethics Officer (Tel: 0117 331 7472 email: [Liam.McKervey@bristol.ac.uk](mailto:Liam.McKervey@bristol.ac.uk))